

WHAT PEOPLE SAY

“Making Your Home Senior Friendly” by Chuck Oakes is easy to read, full of great recommendations on making a home senior friendly and safe and provides some great resources. This book should be a “must read” for seniors wanting to stay in their own homes, and for their friends, families and caregivers. Kudos - Chuck Oakes for identifying these issues and writing about them.”

Shelley Ludwick, Director of Clinical Programs, Visiting Nurse Association of America, VNAA

(Visiting Nurse Association of America)

CHUCK OAKES



Chuck’s career began at the age of eight...singing and playing guitar in Los Angeles. He expanded his career to become a model and television actor after moving East. Redirecting his attention after subsequent years in the entertainment industry, he joined the corporate community in human resources. He became an Advisor to the President’s Council on Hiring Workers with Disabilities due to his innovative approach to recruiting. Chuck’s first book, on job search, gave him international exposure. He is now a member of two committees at the United Nations, due to his recent book on graceful aging.

Today, Chuck blends both the creative and corporate worlds as an entertaining trainer, presenter and consultant.



Certified Aging-in-Place Specialist
Houses For Living, Homes For Life.

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AGING WITH DIGNITY AND GRACE



Training and Related Programs

CHUCK OAKES

Certified Aging-in-Place Specialist

LIFE CAN CHANGE IN A HEARTBEAT . . . ARE WE READY?

CONSULTING

▶ “Corporate Caregiving Solutions”

A comprehensive corporate commitment that encompasses a lecture series, Resource Center development, individual coaching, discussion groups and more to support employees with caregiving challenges. Such programs have been shown to be a corporate benefit.

TRAINING & PRESENTATIONS

▶ *Making Your Home Senior-Friendly*

This multi-media presentation offers a creative look at preparing one’s home for aging. “Sensory-Supportive” techniques are utilized to enhance and preserve the quality of life while aging-at-home.

▶ *Retirement Takes Work!*

The final phase of one’s career takes work and preparation. Preparing for retirement takes time, research and advanced planning. This introductory program offers an overview of many elements that should be included in retirement preparation, including employment options, legal and financial planning, recreation, time management, socialization, health and aging.

▶ *Aging Gracefully with Dignity at Home*

This comprehensive workshop blends home preparation for aging with homecare employment, financial and legal considerations. A two-hour version has been certified for continuing education credits by a long-term care insurance association.

▶ *Balancing Eldercare with Work*

Supporting loved ones while working takes patience, time and planning. Whether caring for children or adults, it is not easy to divide one’s attention, resources and time. This discussion explores many challenges and possible solutions for juggling the caregiving role while working. As with all programs, interaction is encouraged.

Customized programs and services available

THE BOOK

Making Your Home Senior-Friendly

From garden railroading and indoor watergardens to inexpensive lighting ideas and motion detectors that prevent accidents, Chuck shares helpful tips on how to improve home safety and quality of life for all ages. Find out how to apply “Sensory Supportive Spacesm” concepts to your own home.

SENSORY SUPPORTIVE SPACESM

The manner in which we interact with our surroundings can impact quality of life. Incorporating select *scents, sights and sounds* into our facilities and homes can enhance convalescence and happiness. Chuck is fully supportive of incorporating all active senses into our working and living environments.

Sounds, Sights and Scents for All Ages

